## They Depend on us



- To keep them Healthy
- > To keep them Safe
- > To keep them Well

It's up to all of us to bring committed people, agencies and organizations together to act on the health needs, safety and well-being of all of Massachusetts's children.

Communities, Schools, Families and Parents build Healthy Children, Youth and Students



## We are the Massachusetts PTA



Join us in our Massachusetts PTA Health Mission, Initiatives and Committee

Contact: Jackie Coogan, Chair Mass PTA Health, Safety and Wellness Committee <u>health@masspta.org</u> 617-851-5382

**Everyone is welcomed!** You can become a Mass PTA member directly through the Massachusetts Cranberry PTA Unit or join a local PTA unit in a school where you reside.



Massachusetts PTA
members are dedicated to
promoting effective health
education programs and
services in schools and
communities to offer
children, youth and
families the skills, tools
and abilities they need
to make healthy choices.

Taking Action for Healthy Children

Massachusetts
PT/4

everychild.onevoice.®



MASS PTA
info@masspta.org
www.masspta.org



It is for them, why we need YOU!

#### **Our Mission:**

Massachusetts Parent Teacher Association believes that All Massachusetts children and families should be safe and live in an environment that promotes Health, Wellbeing, Confidence and Security. To this end, the Massachusetts PTA will explore, promote and develop relationships and partners to assist with this purpose.

The Committee for Health, Safety and Wellness will be a Standing, sustaining committee set up of parents, educators and community members and partners from across the state and nation for research, study, strategic planning and implementation. This Committee will be incorporated into Massachusetts PTA By-Laws and Standing Committees.



# The Mass PTA Health, Safety and Wellness Committee...

This is what we stand for!

This is what we do.

Promote and Advocate for all Massachusetts Children and Families to have access to affordable and appropriate health care, knowledge as well as basic and preventive healthcare for all children, youth, pregnant women and their families

**Strongly Advocate, Support and Promote Safety** efforts that keep our children and families Safe within our homes, schools, neighborhoods and communities free of all harm, dangers and ill-treatment.

**Support and Engage** in all efforts to ensure that all Massachusetts Children and Families have the healthiest nutrition and healthy eating education in their schools, in their homes and community programs that address the issues of Childhood Obesity and Food Insecurities.

**Promote, Encourage, Engage** in Healthy Exercise and Fitness within the home, the schools and communities.

Developing awareness and educating families on behavior-health issues and social/emotional development through collaborating with the schools and communities creating a full range of services to help all children and youth thrive.

**Develop and Implement** health, safety and wellness legislation through working collaboratively and cooperatively with the Massachusetts PTA Advocacy and Legislative Chair/Committee and the Massachusetts PTA Health, Safety and Wellness Committee/chair.

Explore, Promote, Develop Relationships and Partners to assist with the Health, Safety and Wellness Mission, Goals, Objectives and Action Implementations of the Massachusetts PTA.



PTA's mission is to make every child's potential a reality by engaging and empowering families and communities to advocate for all children.

### National and Massachusetts PTA Values

**Collaboration:** We will work in partnership with a wide array of individuals and organizations to broaden and enhance our ability to serve and advocate for all children and families.

**Commitment:** We are dedicated to children's educational success, health, and well-being through strong family and community engagement, while remaining accountable to the principles upon which our association was founded.

Diversity: We acknowledge the potential of everyone without regard, including but not limited to: age, culture, economic status, educational background, ethnicity, gender, geographic location, legal status, marital status, mental ability, national origin, organizational position, parental status, physical ability, political philosophy, race, religion, sexual orientation, and work experience.

**Respect:** We value the individual contributions of members, employees, volunteers, and partners as we work collaboratively to achieve our association's goals.

**Accountability:** All members, employees, volunteers, and partners have a shared responsibility to align their efforts toward the achievement of our association's strategic initiatives.