

Massachusetts PTA[®]

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Massachusetts Parent Teacher Association

March 28, 2015



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Massachusetts PTA Health and Safety Update!

Happy and Healthy Spring to All!

Your MA PTA Health & Safety Team and local PTA Units have been busy and engaged during these winter months. With all the **SNOW**, it has not always been easy!!! Thanks to all who participated in the *January Health and Safety Survey*, please see the results below!

Updates for You to Know and Participate in:

January 5-

Planning Meeting for Nutrition/Healthy Eating with Kate Millett, Executive Director, DESE, Jackie Coogan, MA PTA Health & Safety Chair and Stephanie Gray, MA PTA president.

Great Discussion and planning

- Kate wants to collaborate with PTA:
 1. with Nutrition Programs, Fuel Up to 60 across the state
 2. agreeable to share staff and programs to move the agenda forward
 3. share resources, programs and funding (though limited)
 4. is receptive to new ideas we can collaborate on across the state. **Look for Health and Safety Day Conference Day coming 2015-16 School Year!**
 5. wishes to collaborate and work with PTA and other organizations to build conferences. **This is happening at MA PTA Convention April 11th. Be sure to [Register](#). There is still time!**

6. will help us find (even within the Department) resources and speakers for the Bullying issue as well as other PTA goals.

We are busy at work with this right now!

Discussion has continued through February and March with New England Dairy and Food Council and DESE , Kate Millett regarding this Plymouth model across the state. Six Units are being considered. Contact [Jackie Coogan](#) if interested.

January 17- February 14, 2015. Survey to 500 MA PTA local leaders. Only 5% of leaders took the survey. It will be available again at Convention. These are the results of the **survey**:

- Ten PTA locals have engaged with their schools and communities on Health Initiatives. I intend to Highlight them in H& S April-June Updates. **Send me your Healthy PTA Success stories.**
- Most participants appreciated the communications on Health and Safety Issues.
- 47% said they wanted H& S issues at the State Convention. ***Health and Safety Panel & Round Table Discussion 4:45 -5:45 at MA PTA Convention.***
- *Almost all appreciated the Communications on Health and Safety Issues of children and families from MA PTA.*
- *40% indicated they would like meetings held by the state during the school day, while an additional 40% asked that they be held on early Saturday afternoons.*

January 31- Health & Safety Care Meeting- Webinar Style - 9am to 10:30 am- Canceled -

SNOW!!

New Date to be announced at PTA Convention, April 11.

Be sure to Register!

Not to Late!

Feb . 5, 2015- National PTA Health Care Webinar with State Health Chairs. Please Read for Grant Opportunities!

Healthy Lifestyles: Energy Balance 101 Grants:

- 25 PTA in grades K-5 will receive a maximum of \$2000
- Title 1 schools are strongly encouraged to apply.
- **Application available: April 1, 2015**
- **Deadline: Friday June 19, 2015; 5pm ET/2pm PT**
- **Recipients notified: August 11, 2015**

***Grant terms: October 1, 2015-April 30, 2016**

Health and Safety March planning:

1. Healthy Nutrition and Eating with DESE, New England Dairy and MA PTA Health and Safety.
 2. Health and Safety Panel and Round Table Discussion Planning at MA PTA Convention on Nutrition, Healthy Eating, HPV, preventing youth and young adult cancers, Bullying and LGBTQ youth and family Health and Wellness.
- **Nutrition** - Kate Millet, Executive Director, DESE
 - **HPV - Immunization and Cancer**- New England Dairy & Food
 - **Bullying/Cyber Bullying**, Dr. Erik Champy, Immediate Past President , MA PTA
 - **LGBTQ Youth and Family Health & Wellness**- Devin Armstrong, Chair LGBTQ Committee, MA PTA
 - **Moderator**- Jackie Coogan, Chair Health and Safety Committee, MA PTA

Together we will continue to build healthy leaders and healthy communities!

We hope you, your health chair, and/or your designated colleague and your PTA members will become involved in the MA PTA Health and Safety Committee. We really want to hear from you and your ideas! Feel Free to get your members as well as Educators and community members involved with you in all of these initiative.

**Please Join Us at MA PTA Convention
April 10 & 11
[Register Here!](#)**

**Please contact Jackie Coogan
Chair of MA-PTA Health and Safety Committee.
at jmincoogan@comcast.net or health@masspta.org
or call 617-851-5382
for more info and to become part of the "TEAM"**

Established in 1910 in Massachusetts, PTA is rededicated to another century of advocacy for children and youth. Today, we speak up for family engagement language in laws; safe, healthy, and technologically

advanced schools; and equal opportunity for all children, regardless of their socioeconomic background.

Contact Information

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Sincerely,

Massachusetts
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Together we will continue to build
healthy families, schools
and communities.