Massachusetts Parent Teacher Association
Health, Safety and Wellness Newsletter

Healthy Updates Newsletter

Dear Maryalice,

The Massachusetts Parent Teacher Association (Mass PTA) is truly excited about inviting you to join us at the Mass PTA 2nd Annual Health Summit on Thursday, November 16, 2017 at the Conference Center at Waltham Woods, 860 Winter St., Waltham, MA.

The summit will be filled with an exceptional audience of parents, educators, health and wellness experts, health and civic organizations, community members/leaders, elected officials and our Mass PTA Partners from across the Commonwealth where

Thanks to our Major Sponsor MTA!
they will gather to discuss, learn and take action to keep our children, families and communities healthy.

Massachusetts PTA represents thousands of PTA Local units and members across this Commonwealth. We are dedicated to promoting effective health education programs and services in schools, families and communities in order to offer children, youth and families the skills, tools and abilities they need to make healthy choices.

A large attendance is expected to participate in this summit, including our colleagues from the greater New England PTA States. Again this year, we will be having participants and guests from National PTA.

We know that you can enrich this opportunity as well as learn from it. Key Note Speakers, workshops, round table discussions, exhibitors, learning, networking and advocating for Them and You will all be available.

Don't miss out.

Register Today ~Register Early!

We hope you will join us at the Mass PTA 2nd Annual Health Summit, Taking Action!
Keeping Children, Schools, Families and our Communities Healthy!

For more information please contact:

Jackie Coogan
healthsummit@masspta.org
or
Look for Sponsorship and Exhibitors applications starting
NOW!
at
www.masspta.org

A Huge Thanks

Registration is now open. Go to www.masspta.org
See under "Events"
2017 Health Summit

Go to Register Button or
View under Agenda
2017 Health Summit Brochure for Registration.

Summer Leadership PTA Meetings

I am going,
I’ll meet you there!

A Reminder: Massachusetts PTA Summer Leadership Meetings.

Meetings are scheduled for the following dates, times and locations:

Saturday, July 22, 2017 - 2 sessions 9:00 am-12:00 noon and 1:00pm -4:00 pm
Southbridge Middle/Senior High School
132 Torrey Road
Southbridge MA 01550
Click here to Register for Southbridge:

Tuesday, August 15, 2017- 6:00 pm-7:45 pm
Beaman Memorial Public Library
8 Newton Street
West Boylston, MA 01583
Click here to Register for West Boylston:

Wednesday, August 16, 2017 - 6:00 pm-7:45 pm
Hosted by the Rehoboth PTSA
Clarion Inn Hotel/Seekonk Providence
940 Fall River Avenue (Route 6)
Seekonk MA 02771
Click here to Register for Seekonk:

You can also Register for the Mass PTA Health Summit at the
Summer Mass PTA Leadership Meetings.

Immunizations and Vaccines, Keep your children Safe!
Check out the Webinar on August 8, 2017
to Celebrate Immunization Month
&
Going Back to School Healthy and Safe!

Live Webinar!
Tuesday, August 8, 2017
11:45 a.m. - 1:00p.m.
August is Immunization Month.
Let's get our children prepared.

Immunization Partnership:
Promoting Vaccine Confidence for the Health of
Massachusetts Children

The Immunization Initiative of the Massachusetts Chapter of the
Academy of Pediatrics (MCAAP) and the Immunization Program
of the Massachusetts Department of Public Health (MDPH) are
excited to partner with Massachusetts PTA to ensure that the
children of Massachusetts are fully vaccinated. This partnership
promotes the health of the children of Massachusetts by building
vaccine confidence and achieving optimal immunization rates
throughout the Commonwealth. Vaccinating children on the
recommended immunization schedule offers the best protection
against potentially serious vaccine-preventable diseases.

What does this collaboration include?

- Participation in the Mass PTA Annual Convention and
  meetings, such as the 2016 and 2017 Health Summits;
- Immunization-related presentations to Massachusetts PTA
  committees and local units focusing on childhood and
  adolescent immunization;
- Distribution of immunization resources to Massachusetts
  PTA committees and local units;
- Shared advocacy on behalf of Massachusetts' children.

Webinar Description:
This webinar will outline ways that parents can build their vaccine
confidence and become vaccine advocates in their community.
The presentation will include information on the benefits of
vaccination, common myths about vaccines, school immunization
and exemption data, how to find your local school's immunization
and exemption rates, the importance of adolescent immunization, and effective communication strategies to build vaccine confidence.

The webinar will include time for a question and answer discussion. This webinar is free-of-charge.

**Presenter: Rebecca Vanucci**  
Immunization Outreach Coordinator,  
Immunization Program  
Massachusetts Department of Public Health (MDPH)

**Moderator Information:**  
Cynthia McReynolds is the Program Manager of the Massachusetts Chapter, American Academy of Pediatrics' Immunization Initiative.

**Registration Information:**  
The webinar will include time for a question and answer discussion.  
Please register for Building Vaccine Confidence to Ensure the Optimal Health of Children of Massachusetts on Aug 8, 2017 11:45 AM EDT at:  
Copy and Paste to register.  
[https://attendee.gotowebinar.com/register/8267209621165518083](https://attendee.gotowebinar.com/register/8267209621165518083)  
After registering, you will receive a confirmation email containing information about joining the webinar.

You may also contact Jackie Coogan, Mass PTA Health, Safety and Wellness Chair at health@masspta.org or 617-851-5382

Keeping your Children and Teens Safe from Concussions and Head Injuries?
Did you know....
Concussions in youth can lead to long-term health consequences if not properly managed?

The Massachusetts Parent Teachers Association in partnership with Mass. Dept. of Public Health and Concussion Legacy Foundation is offering Informative Discussion Groups for parents, educators, families and community members across the state on the

PREVENTION AND MANAGEMENT
OF CONCUSSIONS and
HEAD INJURIES IN SPORTS.

In this workshop you'll learn about:

Getting the facts!
Learn what to do!
Know how and where to get help!

If you are interested in bringing this training to your area
Jackie Coogan at health@masspta.org,
Linda Brown at linda.brown@state.ma.us

Look for Workshops and Discussion Groups across the state coming soon in your area( region).

Coming in September and October
to Plymouth, Somerville, Wachusetts/Princeton Regional, Brockton and Southbridge.
Look for Registrations in your area Soon!

Our Major Sponsor of the 2017 Health Summit
Mass Teachers Association
Thank You!

Thanks To the
Massachusetts Teachers Association
( MTA)
our
Major Sponsor and Partner!!
The MTA has granted Mass PTA Health, Safety and Wellness Committee for our 2nd Annual Health Summit and our work with children, parents, educators and community in keeping then safe, well and healthy!
Together we Learn, Advocate and Take Action!

Thank you for all that you do for children, families, schools and PTA

Stay well,
Jackie Coogan

Massachusetts PTA Health, Safety and Wellness Committee Chairperson
Massachusetts PTA Board of Directors
health@masspta.org
jmincoogan@comcast.net

Thank you for all that you do for children, families and PTA.
Let's keep them healthy, safe and happy every day!